DRSABCD action plan
In an emergency call triple zero (000) for an ambulance

DANGER
Ensure the area is safe for yourself, others and the patient.

RESPONSE
Check for response—ask name—squeeze shoulders
No response
• Send for help.
Response
• make comfortable
• check for injuries
• monitor response.

SEND for help
Call Triple Zero (000) for an ambulance or ask another person to make the call.

AIRWAY
Open mouth—if foreign material is present:
• place in the recovery position
• clear airway with fingers.
Open airway by tilting head with chin lift.

BREATHING
Check for breathing—look, listen and feel.
Not normal breathing
• Start CPR.
Normal breathing
• place in recovery position
• monitor breathing
• manage injuries
• treat for shock.

CPR
Start CPR—30 chest compressions : 2 breaths
Continue CPR until help arrives or patient recovers.

DEFIBRILLATION
Apply defibrillator if available and follow voice prompts.